

Club 55 Senior Center

By Carol Burrows Club 55 Senior Center Correspondent

It is hard to believe that it is August already! This summer has gone by quickly and I have still not been able to get in the lake. My cataract surgery directions specified no swimming for 6 weeks after surgery. I had my right eye done in mid-June and my left eye done in mid-July which pretty much takes care of the summer. I thought about taking my kayak out but decided it was just too risky...so I have enjoyed sitting at the lakefront and try to be thankful for that. Sometimes it is the little things in life that annoy us the most.

Jane has been leading the Club 55 kayak group each Friday at 9am to enjoy our beautiful Rock Lake. For the most part of the summer, they have had great weather to launch and explore. If you do not have a boat, pontoon, canoe, or kayak you are missing a view of the lake that can only be seen from the water looking at the shore. It is a whole new perspective of this community asset that we have and take for granted.

Our group for card making on Thursdays at 10:45 continues to enjoy the projects that Pat has prepared for us (Once a teacher...always a teacher). She has all the materials we need already bagged up and ready for us, and then walks us through the directions until we have a one-of-a-kind greeting card to take home. No need to sign up but bring a favorite scissors and glue drops if you have them.

Carolyn is back sharing tips for the painting group on Thursdays from 11-1. We marvel at her ability to reproduce an image so like her subject of the day. This group is open to all. If you are not a painter, it is a still a good time to bring your art/craft project to work on as you share ideas and tips. It is the camaraderie of common interests that encourages us to keep pursuing new pursuits!

My newest pursuit (if I can call it that) is learning a card game that I am finally beginning to understand. It has been described as a rummy-type of game and I have been pretty rusty at all card games, so appreciate the patience of the friends teaching me. Brain games are good for us at any age and card games are one of easiest to transport for a pick-up game wherever we are. Stop into Club 55 to try a new game or enjoy your favorite. We have a stash of board games just waiting

for you and your friends. Mah-jongg is played at Club 55 on Mondays at 1:00. Drop in if you have always wanted to learn how to play this ancient game.

The Bicycle group meets in front of RLAC for a group ride each Monday at 9am. This group welcomes all abilities, and you choose how far you care to ride. We also have exercise in the gym each Tuesday and Thursday at 10:00. These are all provided by Club 55/Rec. Dept at no charge.

Club 55 is located in the Rock Lake Activity Center (RLAC) 229 Fremont Street. We are open from 10-3 each M, T, W, and Th. Check our website at: <https://www.lakemills.k12.wi.us/recreation/club55seniorcenter.cfm>

Call 920-728-2176 to schedule foot care for Wednesday morning, August 11. Deb has appointments from 9:30-11:10. Bring your own towel, \$15.

We continue to enjoy the meals prepared and delivered to Club 55 each Wednesdays at 2:30 by Bia Foods. Each dinner has been prepared and ready to reheat. The menu for Wednesday, August 11 is fresh Polish sausage, German potato salad, red cabbage slaw, and dessert. You must have your order in by this Friday, August 6. Pick up is at RLAC on Wednesday at 2:30.

Join us for Bingo on Wednesday, August 11, from 1-2:30. We play in the gym and have not only great prizes but great fun! Why not order a meal from Bia to pick up so you have the afternoon to play bingo and not worry about what to fix for supper? (You're welcome 😊)